

KNOW YOUR BENEFITS.

From



HRA Eligible Expenses Expanded

On March 27, 2020, the Coronavirus Aid, Relief and Economic Security Act (CARES Act) was signed into law. In addition to providing direct financial assistance to Americans, the CARES Act repeals the Medicine Cabinet Tax provision of the Affordable Care Act (ACA), expanding the list of qualifying expenses that can be reimbursed with health reimbursement arrangements (HRAs).

CARES Act and Qualifying Medical Expenses

Under the CARES Act, the definition of a qualifying medical expense now includes certain over-the-counter (OTC) medications and products.

Examples of expenses that are now eligible medical expenses under the CARES Act include, but are not limited to, the following:

- Allergy medicine
- Analgesics (e.g., vaporizing rub)
- Anti-diarrhea medicine
- Anti-gas, Antacid
- Antihistamines
- Anti-inflammatory medication
- Aspirin
- Bandages
- Burn treatments, OTC
- Calamine lotion
- Cold and flu medicine
- Cold sore remedies
- Cold/hot packs
- Condoms
- Contact lens solutions/cleaners
- Cotton balls (sterile)
- Cough drops, cough suppressants
- Decongestants
- Diaper rash treatments
- Elastic wraps
- Expectorants
- Eye drops (nonmedicated)

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- Feminine hygiene products
- Fiber laxatives
- First-aid kits
- Heating pads
- Hemorrhoid treatments
- Insect bite/sting medicine
- Medicated lip balm/cream
- Menstrual pain relievers
- Nicotine patches, gum and lozenges
- OTC pain relievers
- Pregnancy test kits
- Prenatal vitamins
- Reading glasses
- Stomach remedies
- Sunburn treatments
- Sunscreen
- Thermometers
- Throat lozenges/cough drops

Source: www.irs.gov/publications/p502/ar02.html#en_US_publink1000178947 and www.congress.gov/bill/116th-congress/senate-bill/3548/text#toc-HC8C9461E6EB94BA89FCB4673D46FDC9F

Please note, this list is not all-encompassing. For more information on your medical spending account, please contact your plan administrator.

A photograph of three women of different ethnicities smiling and laughing. The woman in the center has curly hair and is wearing a red top. The woman on the left has blonde hair and is wearing a white top. The woman on the right has brown hair and is wearing a green top. A blue semi-transparent box with the text 'KNOW YOUR BENEFITS.' is overlaid on the right side of the image.

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